



The Catholic Women's League of Canada
PRINCE ALBERT DIOCESAN COUNCIL

National Theme: Inspired by the Spirit, Women Respond to God's Call

President: Shirley Lamoureux

Spiritual Advisors: Fr. Maurice Fiolleau and Fr. Greg Elder

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Communiqué #3

To: Prince Albert Parish Communications Chairpersons (for action)
Prince Albert Parish Council Presidents (for action)
Prince Albert Diocesan President (for information)
Prince Albert Diocesan Chairpersons of Standing Committees (for information)
Saskatchewan Provincial Communications Chairperson (for information and inclusion in Prince Albert Diocesan section of the provincial website)

From: Lorraine Thibeault, Prince Albert Diocesan CWL Communications Chairperson

Good Morning, Ladies:

I have been working on our Diocesan roster and have included it here for your information. There may be some changes as we go along, but this is the most up-to-date. Along with the roster, I thought that I would send out some bits of information and some words of wisdom that I felt would be of interest to you.

- Our Prince Albert Diocesan Convention 2018 is scheduled for Saturday, April 14 in Rosthern. The cost is \$20 per person (\$10 for registration; \$10 for lunch).
- Our Saskatchewan Provincial Convention 2018 is scheduled for June 3 & 4 in Regina.
- Our National Convention is scheduled for August 12 -16 in Winnipeg.
- In June 2018 we celebrate Saskatchewan Catholic Women's League 70th Anniversary. Our focus for the celebration will be supporting Catholic Missions in Canada (CMIC) projects. Presidents, you will have received or will soon receive a letter from our provincial president sharing about the CMIC connection.
- National CWL's 100th Anniversary takes place in 2020. The convention will be in August in Montreal.

I have included some words from conventions and workshops that I attended in 2017:

- Rekindle the gift of God that is within you.
- Small things. Great love. It's what we do.
- Give people a piece of your heart instead of a piece of your mind.
- Let your presence light new life in the hearts of others.
- Write down each day one to five things you are grateful for. Say thank you often. Become a living thank you.
- If you educate a man, you educate an individual; if you educate a woman, you educate a family and a nation.
- Writing is “dancing with words.”

SaskTel recently sent out a news article on ransomware and toll-free numbers (SaskTel News – Issue 81). It included some excellent suggestions to avoid viruses attacking our computers and smartphones:

1. All on-line users should subscribe to an anti-virus program and keep the software up-to-date.
2. Never open e-mails from unknown senders.
3. Avoid suspicious websites and install a trust service in your browser which substantially reduces the likelihood of going to a corrupted website.
4. Make sure your operating system and applications are kept up-to-date.
5. Consider adding a firewall to block incoming traffic.
6. Don't open or download any attachments, apps or other software that you do not fully trust.
7. Practice caution when clicking on advertisements or links in websites.

Also note that when using the telephone, only numbers with the prefix 800, 844, 855, 866, 877, and 888 are toll-free. These prefixes, which are not interchangeable, are used by simply dialing 1, followed by the appropriate prefix, followed by the seven-digit number. Note that all other prefixes, including 809 and 876, are not toll-free prefixes and long distance charges will apply on your telephone bill.

Take care. God bless.

Lorraine#