



Catholic Women's League Newsletter



Executive:

President:

Dolores Spreitzer

President-elect:

Mary Bybliw

Secretary:

Marcella Sévigny

Treasurer:

Yvonne Turgeon

Past President:

Carol Deters

Spiritual:

Deanna Pellatt

Organization:

Mary Bybliw

Christian Family Life:

Frances Mroczko

Education & Health:

Donna Lazurko &
Angela Ostapovich

Communications:

Sandra Archer

Resolutions &

Legislation :

MaryAnn Scherr &
Marianne Dierker

Spiritual Advisor:

Fr. Francis Hengen

League Prayer

We humbly pray You,
O God our Father,
to bless
The Catholic Women's
League of Canada.
Bless
our beloved country,
our homes and
families.
Send Your Holy Spirit
upon us
to give light to our
minds
and strength to our
wills
that we may know and
fulfil Your great law of
charity.
Teach us
to share with others
at home and abroad,
the good things You
have given us.
This we ask through
our Lord Jesus Christ
and the intercession of
our patroness,
Our Lady of Good
Counsel.
Amen

Mission Statement

The Catholic Women's League of Canada is a national organization rooted in Gospel values calling its members to holiness through service to the People of God.

President's Message

Easter Joy ~ Resurrection Glory ~ Christ is Alive ~ Alleluia!!!

Christ's death and resurrection is the centre of our faith and hope. May it bless all members and their families.

God gave each of us unique gifts and talents.

This year the ladies, assisted by Yvonne Turgeon, completed eleven large quilts and twelve small quilts with a possible four more to be completed.

Our ladies took the initiative to serve lunches every Saturday in March and April to the men building the homes for Habitat for Humanity. This not only was very much appreciated by the men working, but it also gave us an opportunity to be involved in the community of Yorkton.

In March we received seven new members at Mass. As of May 31st our membership totals 168.

The ladies formed an honour guard for Angeline Maserek and Roberta Derkacht, both long time members of the CWL. May they rest in peace.

Many ladies were involved in the Easter Masses, the Rosary, Ministers of Holy Communion to the sick and shut-ins, and involved in the World Day of Prayer. I would like to thank each one for their involvement.

The Diocesan Convention was held the end of April. Five ladies attended from Yorkton. Both Mary Bybliw and Frances Mroczko are members of the Regina Diocesan Council. God bless them for stepping forward to the next level of CWL.

We will be holding our annual garage sale on September 13th and 14th. Articles will be accepted starting August 1, 2012.

As members begin a new decade in the life of the Catholic Women's League of Canada we look down the path toward its 100th Anniversary, full of gratitude Centred on Faith and Justice, knowing the sacrifices the ladies in the past have made to make our organization what it is today.

I encourage each lady to accept positions on the CWL when asked as I have always found that the things that scare you the most you should run towards because it is so creditable on the other side.

I would like to take this opportunity to wish each of you an enjoyable summer with friends and family.

Dolores Spreitzer

Spiritual Advisor's Message

Dear Sisters in the League;

There is something so wonderful about this time of year. The fresh new green of the leaves, the tulips and lilacs in bloom and the promise of much more life to come as the days move on and give us a sense of hope and possibility. It is a time to dream of the best garden ever and the most wonderful flower beds that we have ever cultivated with loving care.

The celebration of Pentecost brought the Easter Season to a close and introduced us to Ordinary Time, with its liturgical colour – green. How fitting, that as the white of the glory of Easter is put away we don the garments of life, rich and fruitful. On the feast of the Ascension Jesus told his disciples to go and make disciples of all nations. They were to be witnesses to the ends of the earth – witnesses of the great promise fulfilled through Christ's great act of love. This is the time of year for today's disciples, ourselves, to go out into the world, the Lord's vineyard, and do the work he has called us to do.

But this is also summer time, and a time to rest and relax, to enjoy God's creation in another way. Family and friends meet and greet and spend time together because it is so good to be with people. God created Eve because it was not good for Adam to be alone. We need days and occasions to celebrate with others, because it is not good to be alone.

So, I want to take this opportunity to wish you all a very enjoyable summer in the garden, the flower beds, the golf course, at the beach, on a trip, wherever you find yourself in the weeks ahead.

Receive each day as a gift from God. With gratitude in your heart revel in the wonder of creation and spread the Good News that the God who has given us all of this to enjoy here on earth has even greater plans and wonders for us to enjoy when our last summer here on earth has passed.

God bless you and keep you safe.

Fr. Francis Hengen

Membership News

We welcomed eight new members to our council in March: Laurie Couture, Dianna Curry, Sharon Galatiuk, Cheyenne Jewhurst, Mary Grace Mendoza, Kimberly Poncelet, Cherry Semillano, and Kathy Skilnick. Jeannette Tremblay joined our council as a transfer from Canora.

Members who will be receiving pins recognizing their years of membership in the League are:

40 Year Pins: Bernice Machushek, Helen Mazer, Mary Ann Scherr, Frances Semchuk, and Rose Yaskowich

25 Year Pins: Mary Balint, Stella Fulawka, Nellie Karpinski, Yvonne Turgeon, and Tonny van den Heuvel

10 Year Pins: Alice Baumgartner, Christine Dubois, Helen Flavel, Lorraine Flunder, Rose Gillis, Shirley Griffiths, Jackie Guy, Colleen Hoffort, Carrie Jendrasheske, Marie Kruger, Gloria Lozinski, Elsie Malinowski, Rose Marchinko, Adeline Markham, Frances Mroczo, Rose Pasloski, Deanna Pellatt, Beatrice Puchala, Laverne Rawlick, Lorraine Slogocki, Dolores Spreitzer, Theresa Spykerman, Anne Stupak, Nola Walsh, Cynthia Wolkowski, and Gerry Yacishyn

- Submitted by Mary Bybliw



The 2012 CWL Executive affirms their service to the League in January (left to right):

Frances Mroczo
Carol Deters
Dolores Spreitzer
Mary Bybliw
Sandra Archer
Deanna Pellatt
Yvonne Turgeon
MaryAnn Scherr
Donna Lazurko

Missing from photo:
Marianne Dierker
Angela Ostapovich
Marcella Sevigny

"From the fig tree
learn its lesson:
as soon as its
branch
becomes tender
and
puts forth its leaves,
you know that
summer is near."

- Mark 13.32



Spiritual Advisor
Father Francis
Hengen receives
new members into
the League in March
(left to right):

Sharon Galatiuk
Connie Watling
Kathy Skilnick
Cherry Semillano
Laurie Couture
Mary Grace
Mendoza
Dianna Curry

Missing from photo:
Cheyenne Jewhurst
Kim Poncelet

Women of Peace

League Sister Debbie Hayward is the Co-Chairperson of the St. Gerard Parish Pastoral Council Ecumenical Committee and shares the following thoughts regarding peace and ecumenism:

Jesus said, "Peace I leave to you, my friends", but yet how elusive that peace seems some days! We have busy lives at home, stress and heavy loads at work, and the world is such a troubled place. Our work with ecumenical projects has taught us that all our sisters and brothers in Christ look for the same peace that we do. It is more important than ever to join together in peace with our fellow "Christ"-ians and realize that "what unites us is greater than what divides us". By understanding that our precious Shepherd considers all of us as His flock, we can reach out in friendship and help spread the peace that we are all longing for.

- Submitted by Debbie Hayward

Our Lady of Good Counsel

To celebrate Our Lady of Good Counsel on April 26th, our League invited the St. Mary's Church Ukrainian Catholic Women's League members to Mass and a social afterward.

The evening was well-attended, with a dozen or so St. Mary's UCWLC Sisters joining us for Mass celebrated by Father Francis Hengen, coffee and treats.

Special hand-crafted gifts and chocolate goodies were presented to those attending by the St. Gerard Youth Group. This was in appreciation for our on-going prayers and support.

Regina Diocesan Council - 89th Annual Convention

Fifteen Spiritual Directors and 264 members representing 50 CWL Councils attended the 89th Annual Diocesan Convention in Weyburn on April 29th and 30th. Five members from our council attended.

We began with the Eucharistic Celebration with Archbishop Daniel Bohan as the Celebrant. In his homily Archbishop Bohan encouraged us to live out the faith that God has placed in our hearts and to pray daily for those we love that no longer come to Mass.

The guest speaker at the banquet was Darci Lang, a dynamic motivational speaker from Regina. Her message was to focus on the 90% that is positive in your life rather than the 10% that is not.

The second day began with morning devotion "Centred on Faith and Justice."

Our morning speaker was Jim Anderson, the director of St. Therese Institute on Faith and Mission at Bruno, SK. His presentation "What's Love Got to Do With It" was his personal journey of faith. We need to love God before we can love ourselves and our neighbours.

The afternoon included the business part of the convention, followed by the closing Mass with Fr. John Weckend as the Celebrant.

Convention is a time of meeting with other members across the Diocese, a time to share the "Three F's – Faith, Fun and Fulfillment."

Our convention next year will be held in Estevan on April 21st and 22nd, 2013.

- Submitted by Carol Deters

Our Membership Drive was held the weekend of January 21/22, 2012.



League Sisters proudly wear the CWL stole



Music Ministry



Hospitality Ministry



Minister of the Word



After each Mass the CWL hosted coffee for the parish





Centred on Faith & Justice

O Lord,
as women of faith,
we come before you
seeking justice for
your world.

A world blessed by
you the Creator,
where
the weak are
protected
and
the riches of creation
are shared
so all may live in
dignity.

A world where
all of your children
live in harmony and
mutual respect;
a world where peace
is founded on justice
and
justice guided
by faith.

Faith, hope and love;
and the greatest of
these is love.
May we be faithful to
our League Prayer,
always aware of the
needs of others
and
seek justice for all,
with love.

Amen



The Simple Path

Silence is Prayer
Prayer is Faith
Faith is Love
Love is Service
The Fruit of Service
is Peace

Blessed
Mother Teresa

Women of Hope – “Velma’s Dream”

On April 16, 2012 The Catholic Women's League of Canada announced the launching of a fundraising initiative - "Velma's Dream". This project supports the establishment of an educational program for children and youth at risk through the Infant Welfare Center in the Old City of Jerusalem. The project budget is \$16,500.00.

Velma Harasen, National President of the CWL and Charter President of our very own St. Gerard CWL Parish Council, is a strong supporter of the needs of Christians in the Holy Land.

In the spring edition of "The Canadian League" Velma writes:

"The current conflict in the Holy Land has resulted in a very high level of unemployment and much human suffering. The first affected by conflict are women and children. The League's Women Against Poverty campaign can answer the pleas of Christian women in the Holy Land who would know that the League cares; partnerships can be developed through communication, prayer and financial aid. A national project could focus the enthusiasm of life members and councils wishing to become more involved in a short or long-term relationship.....*Women of Peace and Hope, Centred on Faith & Justice* can respond with enthusiasm to this international cry for help."

At the May General Meeting, a motion was approved that our Council contribute \$1,965.00 to "Velma's Dream". This dollar amount represents the year that Velma Harasen spearheaded the joining of the St. Gerard Altar Society and Amicus Club to form the first St. Gerard Parish CWL Council.

Women of Faith

Three years. That is how long the Lay Ministry Formation Program is. I wish it was longer. How did I end up taking this program? Well, let me tell you. I was looking for a way to learn more about the Catholic faith, as I had a limited initiation program when I converted to Catholicism. I mentioned this desire to MaryAnn Scherr, who suggested I try this program. I have to admit that when I went to the introductory meeting I didn't realize it was a three year program, and I'm not sure I would have signed up for it if I had known. But once I was at the meeting I decided I would take the first year and go from there. Now at the end of the three years I am sorry it has ended.

The Lay Ministry Formation program (or LMFP) has done more for me than I thought it would. It did give me the knowledge I wanted, about aspects of our faith, such as the 'how' and 'why' of Catholic traditions and practices. But it has also helped in so many other ways. I have learned about the history of the Church and our traditions. I now have a better understanding of the Gospels and the sacraments. Through the sessions on different ways of praying I have seen an improvement in my prayer life. Most importantly, through the three years, I have come to a better understanding of God and have developed a deeper relationship with Him.

Though the weekends at St. Michaels are busy with the different sessions offered, there is also time to rest and relax in the beautiful building and the area surrounding the retreat house. And there is time to socialize with the other members of your group, whom you can become quite close to. The faith I have come to have, and these close friends, have given me the strength and comfort I need to deal with life's problems better than I probably would have before I took this program. I am so grateful to the Parish, the Diocese and the CWL (through the national bursary) for the support given which allowed me to participate in the LMFP.

- Submitted by Elaine Wintonyk

Women of Justice

Women Against Poverty

Our Council continues with the "Women Against Poverty" campaign. Following the Catholic Women's League of Saskatchewan suggestion to focus on affordable/inadequate housing, especially for single parents, low-income families and seniors, our Council has taken on a new initiative - Habitat for Humanity Yorkton.

Habitat for Humanity

This year our local Habitat for Humanity organization appealed to groups in and around the City of Yorkton to help the projects in various ways.

In March and April, our League Sisters prepared a Saturday midday meal for volunteer workers at each of the two building sites.

In March our League also began a "Dinnerware Stickers" project. The purpose of the project was to collect stickers from a local grocery store promotion and redeem them for dinnerware to be given to the Habitat for Humanity homeowners.

What an overwhelming response! Over 2200 stickers remitted to date! Not only have our League Sisters collected stickers, but stickers have also been collected by parishioners of St. Gerard, and friends, family and co-workers of our members!

To date we have redeemed stickers that have allowed us to "purchase" the following:

- 16 - Three piece plate settings
- 8 - Sets of two coffee mugs
- 11 - Sets of two cereal bowls
- 4 - Serving bowls
- 4 - Oval platters

A BIG THANK YOU to all who have helped our efforts to serve those in our community who are in need of a hand up. How wonderful it will be for the families to dine with elegant dinnerware in their new homes!

Quilt Project

We got busy again in November - cutting, making nice designs and sewing the pieces together, followed by the last step - tying them. With many helping hands, we ended up with 19 small quilts and 12 big ones which included three sewn by Jean Kormos. At the June 6 windup summer these quilts will be donated to the following organizations in the city who desperately need these quilts: Safe Haven, Parkland Victims Services and the Social Work Program at the Yorkton Regional Health Centre.

A big thank you to all of the ladies that came out to lend a helping hand!! It was much appreciated.

See you in the fall as we continue with this worthwhile project. Like we say in our League Prayer *"Teach us to share with others at home and abroad, the good things You have given us."*

- Submitted by Yvonne Turgeon

At the Ladies of the Parish Christmas Social held in December 2011, League Sisters each contributed a personal care item to be donated to the Salvation Army.



League Sister Frances Mroczo & Father Francis Hengen present our gifts to Envoy Roy Bladen



A very enjoyable evening was well-attended by League Sisters & guests



Father Francis & League Sister MaryAnn entertain us



Treeske Holtkamp is presented with the Maple Leaf Service Pin



The Catholic Women's League of Canada

is officially recognized by the Canadian Conference of Catholic Bishops (CCCB) as a lay association of women and is affiliated with the World Union of Catholic Women's Organizations (WUCWO), a world-wide federation holding membership in the conference of International Catholic Organizations (ICO) and having consultative status with agencies of the United Nations.

The objects of the League shall be to unite Catholic women of Canada:

- to achieve individual and collective spiritual development.
- to promote the teachings of the Catholic church.
- to exemplify the Christian ideal in home and family life.
- to protect the sanctity of human life.
- to enhance the role of women in church and society.
- to recognize the human dignity of all people everywhere.
- to uphold and defend Christian education and values in the modern world.
- to contribute to the understanding and growth of religious freedom, social justice, peace and harmony.

from www.cwl.ca

Resolutions News

The Resolutions Committee has been focussed on researching the disposal of Cremated Remains and the lack of direction available for families and municipalities.

Members of the committee have been gathering information from Funeral Associations, Saskatchewan law, newspapers, magazines, professional funeral directors, and personal stories.

Next we will review the information gathered and draft a resolution. This resolution can be addressed first to Catholic Bishops and parish pastoral councils; and then local municipalities, the Government of Saskatchewan and possibly even further to governing bodies that direct The Funeral and Cremation Services Act.

The controversial issue of Chrysotile Asbestos (Resolution 2010) remains a concern. Read in the Winter edition of The Canadian League about the League's visit with government members. Educate yourself why it is a 'legal product' to sell to other countries but is banned from use in Canada.

Legislation News

Have you written a letter to the Prime Minister or your Member of Parliament, or informed yourself about the following?:

1. The government funding cuts to Canadian Christian charitable agencies such as the Canadian Catholic Organization for Development and Peace, along with the Mennonite Central Committee and KAIROS. The cuts made were from \$1.4 million to \$44.6 million.
2. The cuts and layoffs at the Indian Head Tree Farm, which was established 111 years ago. The trees served many purposes - from preventing soil erosion and protecting yards to sequestering carbon. The program went hand in hand with research in areas such as using trees for bio-energy generation.
Read more: www.leaderpost.com/news/Tree+farm+faces/6451253/story.html#ixzz1vXJe6fcV
3. Cuts and layoffs at Parks Canada – approximately 1689 jobs are in jeopardy, services at federal parks may be downsized, and the season for federal parks may be shorter. 299 workers on the Prairies may be affected by the funding cuts. In-school programming will be eliminated. The economic impact will be felt throughout the country, especially in smaller communities.

Read more:

www.cbc.ca/news/politics/story/2012/04/30/pol-federal-job-cuts-parks-canada-hit.html

How and when do you write a letter? A personal letter writing guide can be found on the national website at: www.cwl.ca/manuals/Personal%20Letter%20Writing%20Guide.pdf

No stamp is necessary:

The Rt. Hon. Stephen Harper
Prime Minister of Canada
House of Commons
Ottawa, ON K1A 0A6

Dear Mr. Prime Minister
Respectfully yours

Mr./Ms. _____
Member of Parliament
House of Commons
Ottawa, ON K1A 0A6

Dear Mr./Ms. _____
Sincerely yours

- Submitted by MaryAnn Scherr

National Convention News



2012 National Convention in Edmonton – August 12th – 15th.
Deadline for registration is July 15th. Register online at:
www.nationalconvention2012.cwl.ab.ca

At our April General Meeting, a motion was passed to allocate \$500.00 to be shared by any League Sisters who would like to go to the national convention in Edmonton this year. This would assist in defraying the cost of registration, for example. Please contact President Dolores for more information.

A van has been tentatively booked for League Sisters who would like to attend the National Convention in Edmonton. Contact Frances Mroczko to reserve your spot.

2013 National Convention will be held in Regina from August 11th – 14th.

The Catholic Women's League of Saskatchewan reports that the convention will be held at the Delta Hotel and Convention Centre. The kick off will start with a Country Hoe Down on Saturday, August 10th. Don't forget your cowboy hat!

Several tours are scheduled for Sunday: Wascana Park, the Legislative grounds, and the RCMP grounds. There will be an afternoon resolutions dialogue. Opening Mass at Holy Rosary Cathedral will commence at 5pm (followed by the opening reception).

The "Rock'n on the Prairie" banquet will conclude Monday's day of convention. The Gala banquet will be held Wednesday evening.

More details to follow as they are finalized.

National Bursary Program

Do you know that the Catholic Women's League of Canada has a bursary fund that provides financial assistance to CWL members who are pursuing studies in adult faith formation and/or youth ministry?

The following is the criteria and guidelines:

1. An applicant must be a member of the League with a minimum of three consecutive years of service prior to the date of application.
2. Applicants must demonstrate an active involvement in pastoral services or be prepared to serve in their parish or diocese.
3. Applicants must apply for programs to be taken within a one-year period following acceptance of application.
4. Upon proof of acceptance into the designated program, national office will forward funds in the decided amount to the institution administering the program.
5. An applicant receiving an award may reapply for a maximum of two additional one-year periods.

Application forms are available on-line:

www.cwl.ca/supplies&forms/National%20bursary%20form.pdf



Summer Prayer

Let's put ourselves
into the hands
of the Lord,
and pray that God will
bless us
and our families
during the wonderful
months of summer.

May we all help make
our home a place
of relaxation,
joy, love, peace and
safety.

May we be generous
and considerate,
not thinking only
about ourselves,
but helping others
enjoy the blessings of
a summertime.

Lord God,
Creator of all things,
guide our steps
and strengthen
our hearts,
during these months
of summer and
vacation days.

Grant us refreshment
of mind and body.

We ask this through
Christ our Lord.

Amen.

"At the end of life
we will not be judged
by how many
diplomas we have
received,
how much money we
have made,
how many great
things we have done.

We will be judged by

I was hungry, and
you gave me
something to eat,

I was naked and you
clothed me.

I was homeless, and
you took me in."

Blessed
Mother Teresa



A Few Favourite Summer Recipes

BROCCOLI BUFFET SALAD

3 c. broccoli florets
½ c. chopped red onion
¼ c. sunflower seeds
½ c. raisins
½ c. feta cheese, crumbled

Dressing:
½ c. low fat yogourt
¼ c. light mayonnaise
2 T. sugar
1 T. lemon juice
Salt & pepper

Cover and refrigerate for 2 hours or up to 2 days. Serves 6.

WARM RICE SALAD

¾ c. rice
1 T. oil
1 ½ c. bouillon & water
½ lb. snap peas
4 green onions
Cherry tomatoes (halved)

Dressing:
1 T. soya sauce
1 T. red wine vinegar
1 ½ T. oil
Pepper

Cook rice in bouillon & oil. When cooked, mix rice, vegetables and dressing. Serve warm (does not need to be hot, and the veggies will soften).

PASTA SALAD – A Flaman Family Favourite!

3 c. pasta (bows or shells),
cooked
2 ripe tomatoes, diced
½ c. green or red pepper
½ c. chopped celery
¼ c. diced cucumber
2 chopped green onions
1 c. shrimp, thawed

Dressing:
2/3 c. white sugar
½ c. oil
1/3 c. ketchup
¼ c. vinegar
1 t. salt
¼ t. pepper
1 t. paprika

Mix dressing really well. Pour all the dressing on at once and mix. Do not put dressing on in parts. Make one day, serve the next. Delicious!

RHUBARB CRUNCH

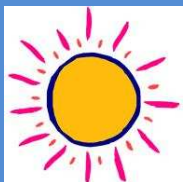
1 c. brown sugar
½ c. melted shortening
1 c. sifted flour
1 t. cinnamon
¾ c. rolled oats

4 c. diced rhubarb
2 T. cornstarch
1 c. white sugar
1 c. water
1 t. vanilla

Thoroughly mix first 5 ingredients and press ½ this mixture into a greased 9x9 inch pan. Cover with 4 cups rhubarb. Combine sugar and cornstarch, stir in water. Cook until clear and add vanilla. Pour over rhubarb. Top with remaining crumbs. Bake at 350 degrees F for approximately 1 hour.

Variation: Substitute about ¾ cup of saskatoon berries or strawberries for ¾ c. of the rhubarb.

This recipe is in the 1994 “Saintly Sensations” St. Gerard’s Cookbook (green cover) and was submitted by Rosemarie Todos and Sharon Chillog.



Service to the People of God

Have you ever wondered about joining the Catholic Women's League, and how each member serves the people of God? League members seek to carry out their mission of building up the kingdom of God through service. There are eight standing committees that offer a range of particular areas in which members may serve.

Our local council has been blessed. In January 2012 we witnessed the reception of new members, as well as the installation and affirmation of League Sisters who chair the following committees (or combinations of):

Spiritual Development

- a) Spiritual growth of members
- b) Study of Catholic teachings
- c) Role of women in the church
- d) Evangelization and mission assistance
- e) Lay ministries
- f) Ecumenism and interfaith endeavours

Christian Family Life

- a) Marriage and family
- b) Sanctity of life
- c) Ministry to:
 - i) Youth
 - ii) Disabled
 - iii) Seniors
 - iv) Widowed
 - v) Separated
 - vi) Divorced
- d) Vocations

Education and Health

- a) Catholic education
 - i) Catholic schools and catechesis
 - ii) Rites of Christian Initiation
- b) Literacy and continuing education
- c) Scholarships and bursaries
- d) Wellness and sickness/disease
- e) Environment
- f) Genetics

Resolutions

- a) Research and preparation of resolutions and briefs
- b) Study and implementation of resolutions adopted by other levels

Organization

- a) Recruit members/maintain membership
- b) Leadership development
- c) League resource material
- d) Annual reports
- e) Life membership

Community Life

- a) Dignity and rights of persons
- b) Social and economic justice
- c) Refugees, immigration and citizenship
- d) Canadian Catholic Organization for Development and Peace
- e) Developing countries

Communications

- a) The Canadian League magazine
- b) Media:
 - i) For evangelization
 - ii) To promote the League
 - iii) Evaluation and promotion of good content
 - iv) Newsletters and bulletins
- c) Media relations
- d) Pornography

Legislation

- a) Monitor and study legislation at all levels of government
- b) Preparation of briefs and position papers on proposed legislation

For more information about the Catholic Women's League of Canada on a national and global basis, please check out the national website www.cwl.ca

MARK YOUR CALENDARS!

National CWL Convention (Edmonton)	Aug. 12-15, 2012
St. Gerard CWL Gigantic Garage Sale	Sept. 13-14, 2012
Lay Ministry Formation Commissioning Reception (for League Sister Elaine Wintonyk)	Sept. 16, 2012
National CWL Convention (Regina)	Aug. 10-14, 2013

Some Definite Service

God knows me
and calls me
by my name....

God has created me
to do Him
some
definite service;

He has committed
some work to me
which
He has not committed
to another.

I have my mission—
I never may know it in
this life,
but I shall be told it
in the next.

Somehow I am
necessary
for His purposes...

I have a part
in this great work;

I am a link in a chain,
a bond of connection
between persons.

He has not created
me for naught.

I shall do good,
I shall do His work;

I shall be
an angel of peace,
a preacher of truth in
my own place,
while not
intending it,
if I do but keep
His commandments
and serve Him
in my calling.

Therefore
I will trust Him.

- John Henry
Cardinal Newman
*Meditations and
Devotions*,
"Meditations on
Christian Doctrine,"
"Hope in God—
Creator",
March 7, 1848

The St. Gerard
Council of the
Catholic Women's
League
meets the
First Wednesday of
each month (except
July & August)
at 7:30 pm in the
CWL Room.

For God and Canada

*The Catholic
Women's League
of Canada
is first and foremost
a spiritual
organization, that
hopefully will bring
its members closer
to God,
to our Patroness
Our Lady of Good
Counsel,
and to each other.*

*The CWL is an
organization that
contributes to the
life and vitality of
the church,
family
and community,
both at home
and abroad.*

Have suggestions or
submissions for the
next newsletter?

Please contact:
Sandra Archer,
Communications

For those who have
supplied an email
address, a coloured
copy of the
newsletter will be
sent directly to your
inbox!

Do you have an email
address but are not
on the CWL email
list? Follow this link:
[www.yorktondigital.ca
/lists.stm](http://www.yorktondigital.ca/lists.stm)
and select
"stgerard-cwl "
to subscribe

Reflections by Marion

Dear C.W.L. Friends,

Many of you will remember our days as young wives and then busy mothers. I so wanted to find the time to read, and to enlighten my mind from the necessary duties of housework, meals, and the many activities of our children through the church and school, and, of course, looking after a busy husband.

I got into the habit if I did find something meaningful to me from a paper or elsewhere, I would put it in a special drawer to read and meditate on when I found the time.

I have tried to impart this knowledge in my relationships with family and friends on this journey of life. I hope too they will be meaningful for you.

*Sincerely,
Marion Fletcher*

Fruitful Aging

Place our security in what can't be taken away – the love of God and the hope of heaven

Pursue meaningful creative activity as long as health and brain cells allow

As tempting as it is to depend totally on a spouse, maintain some independence

Don't be afraid to talk to young relatives and babies

Remember that your children have their own lives, and don't meddle

As your body fades, make strengthening your spirit a priority

Say three positive things to everyone you meet

Pass on the good stuff life has taught you

L laugh lots, pray much

Don't sit around waiting for the end – live until you die

Kindness is the only service that will stand the storm of life and not wash out. It will wear well and be remembered long after the prism of politeness or the complexion of courtesy has faded away. When I am gone, I hope it can be said of me that I plucked a thistle and planted a flower wherever I thought a flower would grow.

O, Heavenly Father,

We thank thee for food, and remember the hungry.

We thank thee for health, and remember the sick,

We thank thee for friends, and remember the friendless.

We thank thee for freedom, and remember the enslaved.

May these remembrances stir us to service,

That thy gifts to us may be used for others.

Amen