Saskatoon Diocesan Council Connie McGrath, Communications Communique #3, April, 2020

Covid-19 is isolating us but technology connects us. There are many Catholic sites we can access for spiritual help, guidance and strength.

We live now without the actual holy sacrifice of the Mass but we can spiritually unite with our Lord Jesus Christ who is truly present in the tabernacle. Every time we watch Mass online we spiritually unite to our Lord. We can lovingly embrace Him as if we had actually received Him.

Please email this information to all CWL members for their benefit.

- 1. **saskatoonmass.com:** Fr. Darryl Millett (Holy Spirit, Saskatoon) created a central website for streaming Masses and other resources from priests. Check it daily for Mass times. On the right are audio homilies by Frs. Young, Millett, Ramsay, Smith-Windsor and Bishop Mark. We can take part in Mass online as often as we want. Nothing can keep us from our Lord. *The Act of Spiritual Communion* prayer is prominently displayed.
- 2. **news.rcdos.ca:** All the news from the Diocese is placed in 3 categories. Check each tab: News; Voices; Faith. Give thanks for the many dynamic catholic Christians who are being the hands and heart of Christ in our community.
- 3. **cwl.ca:** Now take time to peruse the website. How fortunate our little council is to be part of an impressive organization! Everything is well organized in specific categories under the tabs:
 - a. **General Information**: mission, staff, etc. Click on Conventions and enjoy past speakers in the comfort of your home!
 - b. To Organize: resources like promotional materials, pins, workshops, etc.
 - c. **To Act on**: letters, communiques, resolutions. Do members know that CWL has influenced government policy? CWL has been presenting issues in the form of resolutions to the government since 1954! Comprehensive topics span 9 different categories.
 - d. **To Inform**: News releases, videos and annual reports are here. **On the Spot** is a treasure house of cwl activity across Canada. Try to submit at least one activity from your council. This is a good resource for ideas!
 - e. Get in Touch All Catholic women are encouraged to join a council for solidarity.
 - f. **Home Page**: Quick Links takes you directly to the National Convention, Strategic Plan, 100th Anniversary, or Testimonials. Now is the time to explore the website!
- **4. cwlsk.ca:** Closer to home, our provincial president oversees the activities of the three SK dioceses. On this website find info from Regina, Saskatoon, and Prince Albert. Again, councils are asked to submit pictures and commentary about noteworthy events.
- 5. **scotthahn.com** or **Dr. Scott Hahn the Official Site**): Dr. Scott Hahn videos are worth watching!
- 6. **catholicregister.org:** Sign up to keep abreast of significant catholic news.
- 7. www.vatican.va: Go right to the Source! Use isolation time wisely! God bless!