

## **Regina Diocesan COMMUNICATIONS COMMUNIQUE #2**

### **November 2019**

**To:** CWL Parish Communications Chairpersons  
**From:** Lynda Thul

Communication is something in constant use between members of the Catholic Women's League in many different ways.

These are some of the ways:

- Individuals speaking together;
- Speaking to those in large or small groups;
- Speaking and sharing at meetings, workshops, retreats, conventions and also at any other type of program, event, gathering or celebration.

When we are spoken to, we have to most importantly "Listen":

- Listen with earnest
- Listen with acceptance
- Listen with appreciation
- Listen with heart
- Listen with empathy

Sometimes this can be quite challenging:

- We may have to ask questions;
- We may have to also answer any questions that come to the floor;
- We may not totally agree with some of the issues presented;
- We must try our best to work through any obstacles that may come up as a result of different opinions.

These words may seem very basic and almost unnecessary to even consider because of the fact that we have so many ways of communication these days...but actually speaking face to face or one on one with each other is still very important.

Sometimes it is good to reflect...and then to reconsider how we may be handling some of these most basic things in our daily life...as we encounter, live and work with those around us, for the Catholic Women's League of Canada.