## Regina Diocesan SPIRITUAL DEVELOPMENT COMMUNIQUE #2 November 2019

**To:** CWL Parish Spiritual Development Chairpersons

**From:** Sharon Mayor

Every year *All Saints Day* is celebrated on November 1. The next day, *All Souls Day*, mass is celebrated for those who have died. On the cwl.ca website, under resources, you will find Litany of the Saints, a workshop entitled *Living with the Saints* and a *Memorial Service for Deceased Members*. These resources can be used at a council meeting. The workshop, prepared by Marie Cameron, National Past President and Joan Petracek, Past Provincial President 2006, introduces Saint Marguerite d'Youville, foundress of the Grey Nuns of Montreal, Saint Kateri Tekakwitha, patroness of the environment and Catherine Doherty, foundress of Madonna Center. On page 35 of the Fall 2019 issue of the *The Canadian League* you will find a biographical account of Saint Marguerite d'Youville. Celebrations for the 400<sup>th</sup> anniversary of the Grey Nuns in Canada have already commenced in October and will end in April 2020, coinciding with the 100<sup>th</sup> anniversary of the CWL in Canada.

"Most people think they could never be a saint. They imagine that saints are in a class by themselves, that they arrived on the scene in a state of perfection. But God wants everyone to be a saint, ordinary people that he wants to live extraordinary lives." (Bert Ghezzi) Read Brandon Vogt's interview on <a href="How to Be a Saint: An Interview with Bert Ghezzi">How to Be a Saint: An Interview with Bert Ghezzi</a>. To purchase Bert Ghezzi's latest book, Saints by Heart, google BertGhezzi.com.

Another book, *Saints Who Transformed Their World* by Sherry Waddell is available at wordamongus.org for \$10.

Remember Mathew Kelly, author of *Rediscover Catholicism*. He now has written another book *Rediscover the Saints*. These books are sold in groups, e.g. 10, etc. Do you need to do your Christmas shopping? This can be accomplished at *Dynamic Catholic "Be Bold Be Catholic"*.

Let us continue to ask the saints to pray for us and for those who have left us.

An activity that can be held at a December council meeting is making an advent wreath. Invite your spiritual advisor to speak on the liturgical year. There is also a prayer service on the cwl.ca website, entitled, ADVENT SESSIONS BASED ON 'LAUDATO SI' 2015 Mercy and Justice Have Embraced (Ps 85:10).

Profit-driven exploitation is plundering the Amazon by logging, oil extraction, mining minerals and hydroelectricity (building dams). The Amazon absorbs carbon emissions and provides 20% of the oxygen we breathe. Some scientists say that reforestation is causing the Amazon to emit more carbon that it absorbs. The people of the Amazon are extremely vulnerable to

intimidation, persecution, civilization and violence. Have you signed the petition at your church urging the Brazilian government to stop resource exploitation? If not, please do so online at <a href="https://deep.org/act.">devp.org/act.</a>

Pope Francis chose the Amazon as the 2019 theme for the synod in Rome. For more information on the synod see <u>pope-chooses-2019-synod-bishops</u>.

The truth is we are all changing the world. Every word, thought, yes, even your thoughts and actions change the world in ways that echo throughout the world, touching people and places you will never meet, for ages to come (Mathew Kelly the Four Ways of a Dynamic Catholic). Even a smile towards a stranger is an action to care for our common home (Development and Peace).